(Phone) (858) - 637 - 7888 (Phone) (619) - 582 - 7888 (Fax) (858) - 637 - 7887 4060 4th Ave #440 San Diego, CA 92103

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## MEDICAL HISTORY

LAST NAME	FIRST	MI	D.O.B.	DATE
REFERRING M.D.				
List the much laws which has		CHIEF COMPLAIN		aala laasaan
List the problems which have	ve led you to seek medic	ai neip now and a	pproximately when e	
Problem				Date of onset
1				
2				
3				
	GENE	RAL HEALTH AND	HARITS	
Characterize your current he		□Very Good		Poor
EXERCISE		NUTRITIO	Č	
Do you exercise regularly?	□Yes □No	Vitamin/N	Mineral Supplements	
Type of exercise(s)		Your appe	etite: □Excellent	□Good □Fair □Poor
SMOKING				limit) for health reasons?
	□No	Specify:_		
How many per day		ALCOHOL	_/BEVERAGES	
For how many years		Estimate		l you drink regularly:
What do you smoke? □Cig	arettes □Pipe		drinks per day _	drinks per week
□Cigars Other(spe	cify)	•	-	ol but have permanently stopped?
How long have (had) you si	moked?	□Yes [		
		Estimate	the amount of caffeir	nated beverages (coffee, tea, cola)
	D. C	you arınk ICAL AND SURGIO		glasses, cups, or cans
List abranalagically all the				nd where and when it was done.
(Be accurate and complete.	Consult family friends	nhysicians etc.)	e of each operation a	ind where and when it was done.
Operation Operation	Consuit family, menus,		pital and City	Date
1		1103	pitai and City	Buc
1				
2				
3				
4				
Have you ever been serious			- 4 ( 1 1 1 . 11 . 11 . 1 1	
List chronologically all hos		,		
Reason for Hospitalizat	LION	Hos	pital and City	Date
1				
2				
3				

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List all the medications you are now taking.

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### **CURRENT MEDICATIONS**

Name of m	edicine		Strength		How often tal		ken	ten When b		egan taking	
			PERSONA								
Where were	you born?	1 , 1 1		Lis		eas you have l			1	lates:	
No No	er lived or travele	ed extensively abro	oad?Yes		Area		Fro	m	То		
$\frac{1}{\text{If so, give d}}$	etails:			1							
	1 1: 1	C 11 C 1: :	<del>.</del>	2							
		field of medicine, aide, clerk, or tecl		3							
What is the	highest level of ed	ducation you have	attained?	Lis		past occupatio					
What inhale	d chemicals or na	rticles are you exp	osed to at		Occuj	pation	Fro	m	То		
your place of		rticies are you exp	osca to ut	1							
				2							
				3							
							l				
			FAMIL								
		ormation about the				•					
Relation	Age if alive	Age at death	State of	healt	h or ca	use of death					
Mother											
Father											
Brothers and											
Sisters											
Spouse											

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Children							
Have any blo	od relatives ever ha	ad any of the follow	ring? (If so, indicate relationship.)				
Cancer (speci	fy type if known)						
Abnormal ble	eding or clotting						
"Heart Attack"							
Alcoholism							
Psychiatric di	sease or suicide _						
A disease whi	A disease which "runs in the family"						

### REVIEW OF SYSTEMS

	No	Yes		No	Yes	
Do you have discomfort passing urine?			Stroke?			
OBSTETRIC AND GYNECOL	OGICAL		Paralysis or muscular weakness?			
Have you ever had tumor(s), cyst(s), or other breast disease?			Tremor or abnormal movements?			
How many times have you been pregnant (including miscarriages)?			Difficulty with coordination?			
How many live births?			Difficulty in walking?			
At what age did you begin to menstruate?			Difficulty in speaking?			
Have you had a hysterectomy?			Double vision or loss of vision?			
Are you now taking hormones or birth control pills?			Numbness?			
When was your last Pap smear?			Difficulty with memory?			
If you are still menstruating:			Dizziness?			
When was your last period?			MOOD			
The one before that?			Have you recently:			
If you had menopause:			Experienced sever anxiety, panic, or phobias?			
When was your last period?			Felt excessively fatigued?			
Have you bled since?			Felt depressed?			
Last Mammogram?			Have you ever:			
HEMATOLOGY AND ONCOLOGY			Had a nervous breakdown or psychiatric care?			
Have you ever had:			Had a drug or alcohol problem?			
Anemia?			Been involved with domestic			

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			violence?		
	No	Yes		No	Yes
Bleeding or bruising tendency?			EYES AND EAR	as .	
Cancer or tumor?			Have you ever had:		
X-ray or radiation treatment?			Glaucoma?		
Do you practice breast or testicular self exam?			Other major eye diseases?		
NEUROLOGICAL			Deafness?		
Have you ever had:			Abnormal noises in the ear?		
Neurological disease?			ALLERGY AND IMMU	NOLOGY	·
Frequent or recurrent headaches?			Have you ever had:		
Loss of consciousness?			Asthma?		
Convulsions or or seizures?			A reaction to penicillin?		
Head injury?			A reaction to aspirin?		
RESPIRATORY			A reaction to any other drug? (Specify)		
Have you ever had any of the following when.	ng? If so,	indicate	Date of last immunization for:		
Pleurisy			Tetanus-Diptheria (every 10 yrs.)		
Tuberculosis skin test			Pneumococcal Pneumonia (Pneumovax)		
Tuberculosis (infection or contact)			Influenza (annual -Fall)		
Asthma (wheezing)			JOINTS		
Chronic bronchitis			Have you ever had any of the following when.	ng? If so, i	ndicate
Emphysema			Muscle pain		
Other lung trouble			Back pain		
Exposure to dangerous dust or fumes			Joint pain		
Trouble breathing			Joint swelling		
Excessive snoring			Gout		
Do you have chest pain?			Has your doctor diagnosed arthritis, rheumatism?		
Abnormal chest x-ray?			CUTANEOUS		
Have you ever coughed up blood?			Have you ever had:		
Do you often cough?			Skin rashes?		

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Do you often raise sputum?			Skin cancer?			
	No	Yes		No	Yes	
Do you often get chest colds?			DIGESTIVE			
When was your last chest x-ray?			Do you often or regularly have:			
CIRCULATORY			Poor appetite?			
Have you ever had any of the following when.	g? If so,	indicate	Trouble swallowing?			
Chest pain			Heartburn?			
Heart trouble			Regurgitation of food or bile?			
Heart attack?(coronary)			Nausea or vomiting?			
Angina pectoris			Abdominal pain?			
High cholesterol			Constipation?			
High blood pressure			Diarrhea?			
Blackouts			Has there been any change in your bowel functioning in the past 6 mos.?			
Racing of heart			Have you ever had any of the followin when.	g? If so, i	indicate	
Rheumatic fever			Hiatal or esophageal hernia			
Heart failure			Duodenal or gastric ulcer			
Abnormal cardiogram			Vomiting of blood			
Swelling of your ankles			Black or tarry stools			
Have you ever taken heart or water pills?			Stool Cards			
When was your last EKG?		,	Yellow jaundice			
ENDOCRINOLOGY			Liver trouble or hepatitis			
Have you ever had any of the following when.	g? If so,	indicate	Gallbladder trouble or stones			
Hormone problems			Persistent diarrhea or colitis			
Thyroid disease			Diverticulitis			
Diabetes			Parasitic infection			
Osteoporosis			Hernia			
URINARY		Other digestive disease				
Have you ever had:			When was your last colonoscopy?			
Kidney disease or nephritis						
Protein or albumin in urine						
Blood or pus in urine						

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	No	Yes	
Kidney stones			
Urinary infection			
Prostate infection			